

Patient Information for Fibrous papule of nose - Skin

Overview

A fibrous papule of the nose is a harmless, small, raised pimple-like growth (papule) on the nose or central face that feels firm to the touch and is skin-colored or pink. There is usually a single papule, but you may have multiple papules.

Who's At Risk

Fibrous papules of the nose are seen in equal numbers of middle-aged men and women, regardless of race or ethnicity.

Signs & Symptoms

The fibrous papule will not cause any symptoms like pain or itching. However, papules may become inflamed or bleed when irritated or scratched.

Self-Care Guidelines

Follow a normal skin-cleaning routine.

When to Seek Medical Care

If the papule changes in appearance, or if other symptoms develop, you should contact your doctor to rule out other possible causes.

Children with fibrous papules of the nose should be seen by a pediatrician.

Treatments Your Physician May Prescribe

For cosmetic purposes, you may choose to have the papule removed by shave excision. This may leave a scar.