

Post-Fractional CO2 Treatment Care

Daily Care Instructions

- Avoid sun exposure to reduce the chances of hyperpigmentation (darker pigmentation).
- Use a mineral sunblock containing zinc oxide (SPF 30+) daily for at least 30 days.
- Avoid additional trauma to the treated area for the first 7 days following treatment.
- Apply antiseptic soaks for 10 minutes followed by liberal moisturizing with Aquaphor or Vaseline 3 times per day for the first 3 to 5 days.
- The use of makeup during the first few days is not recommended. The removal of makeup can disrupt skin increasing the chance for infection.
- There are no restrictions on bathing except to treat the skin gently (i.e. avoid scrubbing or trauma to the treated area, as if you had a sunburn).

Expected and Adverse Results

- Swelling WILL occur and peak at 2-3 days typically.
- Redness can last much longer (sometimes weeks, depending on intensity of treatment).
- Your skin will form crusts and peel, which will flake off over a period of 5 to 7 days. Do not pick or forcefully remove any of the crusts.
- *A cold-sore during the healing phase is considered an EMERGENCY.* You should have already told the doctor if you have a history of cold-sores and already be on preventative medication. If you get a cold-sore, call the doctor immediately!